

A position & B position Routine Exercise

II V I VI II V I

Dm7 G7 CM7 Am7 Dm7 G7 CM7

5 Gm7 C7 FM7 Dm7 Gm7 C7 FM7

9 Cm7 F7 Bbm7 Gm7 Cm7 F7 Bbm7

13 Fm7 Bbm7 EbM7 Cm7 Fm7 Bbm7 EbM7

17 Bbm7 Eb7 AbM7 Fm7 Bbm7 Eb7 AbM7

21 Ebm7 Ab7 DbM7 Bbm7 Ebm7 Ab7 DbM7

25 A^bm7 D^b7 G^bM7 E^bm7 A^bm7 D^b7 G^bM7

29 C[#]m7 F[#]7 B^M7 G[#]m7 C[#]m7 F[#]7 B^M7

33 F[#]m7 B7 E^M7 C[#]m7 F[#]m7 B7 E^M7

37 B^m7 E7 A^M7 F[#]m7 B^m7 E7 A^M7

41 E^m7 A7 D^M7 B^m7 E^m7 A7 D^M7

45 A^m7 D7 G^M7 E^m7 A^m7 D7 G^M7